



What to bring for a mentorship stay at Falling Star Ranch

No need to dress up at Falling Star Ranch! You'll be spending a lot of time outside in all kinds of weather, so make sure you bring practical, comfortable clothing and footwear. The most important thing to consider when packing for a stay at Falling Star Ranch is to come prepared for a variety of weather, as the mountains are known for changeable conditions. In the summer, expect warm days and cool nights. In the spring, fall and winter, bring clothing with an emphasis on layering to handle changes in the weather. Temperatures can range from 40° C in the summer (rare) to minus 40° C in the wintertime (also rare). The Robson Valley is near an inland (temperate) rainforest, so rain and high humidity are common.

Suggested list of items to bring (items in red are mandatory):

- ❖ Riding pants (jodhpurs or breeches)
- ❖ Waterproof rain gear (slicker or rain jacket and rain pants)
- ❖ Windbreaker/parka
- ❖ Fleece jacket or fleece sweater
- ❖ Sweatshirt (hoodies are great)
- ❖ T-shirts
- ❖ Long underwear and turtle neck for the colder months
- ❖ Wool or other non-cotton socks for colder days
- ❖ Rubber boots (we have some extra pairs; please check with us for sizes)
- ❖ **Riding helmet**
- ❖ Riding gloves
- ❖ Chaps and/or half chaps
- ❖ Hiking boots or other traction footwear
- ❖ **Riding boots and/or cowboy boots (with heel)**
- ❖ Paddock boots
- ❖ Slippers
- ❖ Swimsuit
- ❖ Sunglasses
- ❖ Baseball cap or broad rim hat (cowboy hats work great)
- ❖ Personal items, toiletries
- ❖ Prescription medications
- ❖ Sunscreen and insect repellent
- ❖ Lip balm and moisturizer
- ❖ Camera, batteries
- ❖ Notebook and pens
- ❖ Binoculars
- ❖ Laptop
- ❖ **Pocket knife/leatherman**
- ❖ Towels, bedding and laundry soap are provided

